2017 ST MARY’S SWIMMING CARNIVAL

31st January, 2017

Dear Parents,

The St Mary’s School Swimming Carnival will be held on Monday 20th February, 2017 at Mingara Leisure Centre.

START
9am 100m Freestyle (only competent squad swimmers who can get to the pool early with their parents)
9.30am First race to begin as soon as all buses have arrived
Students to meet and stay with class teacher in the Grandstand on arrival

FINISH
2.00pm Finish – all children must stay until Carnival ends

TRANSPORT
Children will be able to travel to and from the pool by bus.
Children may travel with parents if they have notified their class teacher on the permission note.

COST
Nil – Entry fee included in the 2017 Education Fee
Spectators need to pay on entry

UNIFORM
School sports uniform over swimmers with thongs (include rashie/hat for outside games)
Please label all items

EQUIPMENT
Towel, goggles (adjusted and fitted) rashie, hat, sunscreen (apply at home for outside activities)
and backpack

FOOD
Children to bring their own morning tea, lunch, drinks and snacks
The canteen will only be open to parents and spectators only.

Students will compete in races according to the age they turn this year, this is the student’s age as of 31st December 2017 (their age at the end of this year).

Representatives will be chosen from the 50m, 100m and 200m races to compete at the Central Coast Catholic Schools Swimming Carnival. Age groups for CCC are 10 and Under, 11yrs and 12yrs. 8yrs and 9yrs only have Freestyle at CCC. Children will be chosen according to fastest times in each event.

In addition to swimming races all children will participate in a variety of fun events which will take place in lanes 6, 7 and 8. As happened last year we will use the inflatable and also have lots of simple fun relays using boogie boards, tubes, woggles and more. If the weather is warm we will use the grass outside as well. Please make sure children have rashies for outside games. Children who are in 50m events will leave these novelties to compete then return after they have raced.

We will need lots of helpers to make the day enjoyable for the children, you don’t need swimming expertise just energy. We especially need some parents who are willing to go in the water with the Year 2&3 for novelties, some of these children are very tiny or have little swim experience and can’t stand in the pool. You only need to help pull them along so they have fun.

Please return the attached permission note and entry form by Monday 6th February. This ensures all children are included in the carnival.

Thank You for your support

Liz Bain

Vision/Mission Statement

“Empowered by the Spirit, we at St Mary’s live, learn and grow as disciples of Jesus in a nurturing Catholic Community.”
2017 SWIMMING CARNIVAL

PERMISSION NOTE 2017 SWIMMING CARNIVAL To be retained by class teacher

I give permission for my child..........................................................class..................
To participate in the St Mary's School Swimming Carnival on Monday 20th February 2017 at Mingara Leisure Centre

Please tick one

........My child will be traveling to and from the carnival by bus

........My child will be traveling to the carnival by bus and home with ....................

........My child will be traveling by car to the carnival and back to school by bus

........My child will be traveling to and from the carnival by car with ....................

Any other travel arrangements.................................................................

Medical Considerations ........................................................................

Action to be taken.................................................................................

Contact number for 20th February 2017 ...............................................

Parent Name ..................................Signed........................................
2017 SWIMMING CARNIVAL

ENTRY FORM TO OFFICE via office bag

NAME ........................................... HOUSE COLOUR ......................

AGE (AS AT 31ST DECEMBER 2017) .......... DATE OF BIRTH ......./....../......

STANDARD .......... Able to swim 50m confidently

.......... Able to swim 20m confidently

.......... Able to swim 10m

.......... NON SWIMMER –

IT IS AN IMPORTANT SAFETY ISSUE THAT WE KNOW YOUR CHILD’S ABILITY. We can then cater for all children SAFELY at the Carnival.

PLEASE TICK THE EVENTS YOUR CHILD WOULD LIKE TO ENTER.

CHILDREN MUST CHOOSE 50M OR 20M OR 10M. THESE ARE ALL ON AT THE SAME TIME AND CHILDREN ARE MARSHALLING IN DIFFERENT AREAS. We cannot know where children are if they are wandering between areas. It also leads to children missing races which is upsetting. Safety is a major issue at swimming carnivals

IT IS BEST TO CHOOSE A DISTANCE THAT YOUR CHILD CAN CONFIDENTLY ACHIEVE

50M RACES – Please tick the events your child would like to enter

<table>
<thead>
<tr>
<th>100m Freestyle</th>
<th>50m Freestyle</th>
<th>50m Backstroke</th>
</tr>
</thead>
<tbody>
<tr>
<td>50m Breaststroke</td>
<td>50m Butterfly</td>
<td>200m Medley</td>
</tr>
</tbody>
</table>

OR

20M RACES

<table>
<thead>
<tr>
<th>Freestyle</th>
<th>Backstroke</th>
<th>Breastroke</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kickboard</td>
<td>Bodyboard</td>
<td></td>
</tr>
</tbody>
</table>

OR

10M RACES – Children will have help for these if necessary

4 10m FUN RACES

HELPERS PLEASE!!!

CAN YOU PLEASE HELP? YES NO

WHAT WOULD YOU LIKE TO DO?

PARENT NAME............................ CHILD’S CLASS .............................

SIGNED..........................(PARENT/GUARDIAN)

I desperately need parents to go in water for novelty activities for year 2 - 6 from 11am – 12 30pm. This is only to keep an eye on smaller and weaker swimmers and help support if needed.

Thank you Liz Bain