



SCHOOL NEWSLETTER

Term 4 Week 3
31 October 2018



A Fun Time Of The Year

Upcoming Events

- *Year 6 Assembly*
1.50pm
Thursday
1 November
- *All Saints Mass*
9.15am
Friday
2 November
- *Kinder Transition 1*
9.30am
Wednesday
7 November
- *Year 3 Excursion*
Wednesday
7 November
- *Touch with Toukley PS*
Friday
9 November
- *Kinder Transition 2*
9.30am
Wednesday
21 November
- *Advent Liturgy 1
Kinder + Year 2*
1.50pm
Thursday
22 November
- *Year of Youth Liturgy*
9.15am
Friday
23 November
- *Advent Liturgy 2
Year 1 + Year 3*
1.50pm
Thursday
29 November

All relevant school notes and letters are posted on our website. Please click [here](#) to access our school's website.

Dear St Mary's Catholic School Community,

As November begins, we come to a very special time of year at our school. The children are well-established in their class and their efforts and achievements as learners and good people will be reflected in their soon to be written Reports.

Year 6 share their last Primary Assembly this Thursday. I like our Director, Mr Hamill's, comments to Year 6 last week, when he encouraged them to not think too far ahead regarding high school but to enjoy every moment of their final term of primary school.

We like celebrating our different Liturgies and Masses and we have many over the coming weeks. We are introducing our new Kinders to the school. As they transition to our place, we recognise the great growth of our current Kinders during the past year.

Our final excursion for the year (Year 3) occurs shortly. Our Year 5 are contemplating what role they have in being student leaders at our school. They are currently preparing their leadership speeches.

2019 class lists are beginning to be drawn up, teachers soon hear what class they will have next year and new resources will be purchased.

As we draw nearer to the year's end, we enjoy celebrating particular annual events. Our Awards Ceremony, the Year 6 Graduation, our Christmas Carols and Thanksgiving Mass are all highlights.

And then, that exciting and dramatic moment as children open their Reports to discover their teacher for 2019, accompanied by the flurry of conversations as they work out which of their friends is in the same class.

All Saints Mass

Mass to celebrate the Feast of all Saints commences at 9.15am on Friday. Please join us.

Congratulations Cricketers

Last Friday our school cricket team defeated Woy Woy in the Waratah Shield semi-final and then backed up their effort with a win over Terrigal in the final. Great effort, boys! Mr Whiteford commented that a clear highlight was the way in which the boys played the game (fair, sporting and with a lot of fun). Congratulations Seth, Keegan, Jack, Tom, Ryan, Josh, Nate, Harper, Connor, Ashton, Blake and Baxter!

Year 6 Boys

I'd like to share with you an excerpt from a communication I recently received from a parent regarding three Year 6 boys:

"Their St Mary's shirts have distinguished them on the field each afternoon and Abel has been drawn to them as one of his community that make him feel safe and welcome. They did not hesitate to include the Kindy kid and make sure he felt a part of the game. An amazing example of the character of these young boys that have clearly been formed in the beautiful St Mary's community."

Congratulations Keanu, Jacob and Finn.

Thank You

Thank you to the many parents who provided a wonderful morning tea for us as we celebrated World Teachers' Day last Friday. We certainly appreciate your generosity.

In Weeks 5 and 6, I will be taking some Long Service Leave and on a ship, somewhere on the high seas (I don't care where). In my absence, Mrs Sellars will be Acting Principal.

Kind Regards,

K Williams

Kevin Williams
Principal

Parish Details

Ph. 8379 1730

www.toukley.dbb.org.au

Mass Times

Saturday 6.00pm

Sunday 7.30am

9.00am

6.00pm

Father Tiziano *Parish Priest*

Deacon Paul

Merit Awards

Eli M

John M

Owen M

Emmanuelle D

Byron H

Sapphire M

Summer R

Beau T

Liliana C

Bethany M

Indiana M

Thomas R

Ma'Niyah J

Kirrilee F

Luke W

Levi J

Kobe E

Cleo C

Ava G

Eddie A

Caylon A

Zara B

Evie S

Shelby M

Sinead H

Marley R

Adam Q

Vasiliki P

Samuel W

Taj P

Kiara C

Diezel P

Tiarna G

Brock S

Marshall S

Kealan R

Sienna C

Sebastian R

Aaliyah W

Tahla M

Harper R

Finlay S

Jye S

From Our REC

World Teachers' Day

Last Friday 26th October, we celebrated World Teachers Day. A huge thank you to 1 Gold, 1 Green, 6 Green, Mrs Hughes and Mrs Doyle for helping to prepare and run the Liturgy. Thank you to the Class parents and other parent volunteers who also organised a lovely morning tea. It was much appreciated!

All Saints' Day Mass

Our All Saints Mass, led by the Year 5 students will be on this Friday November 2nd at 9.15am. We warmly invite you all to join us.

Parent Retreat Day

Catholic Schools Office Broken Bay is offering a Parent Retreat Day in the beautiful restful grounds of St Joseph's Spirituality Centre, Kincumber South. This, Friday 2 November, 9am–4pm. Cost: suggested \$20 donation (pay on the day). Theme: 'Ancient Wisdom, Contemporary Lives'.

Liz Hartge

Religious Education Coordinator



From Our Family Liaison Officer

Strengths Based Parenting is a positive approach to parenting that intentionally focuses on and cultivates the strengths our children have. This leads to more positive relationships and makes tackling problematic or tricky attitudes or behaviour less confrontational and more likely to be resolved positively. It's not about over the top or unwarranted praise but about recognising and developing skills they already possess to give them confidence and ability to cope with challenges. A great article about Strengths Based Parenting by Prof. Lea Waters can be access via the link '[here](#)'.

Reminders—'Pop Up' Toukley Neighbourhood Centre will be at school this afternoon, from 2.30pm.

Storytime in the Library, Thursday mornings from 9.00am. For younger siblings of our students.

Cuppa & Chat for parents Tuesday morning, 9.00am in the Emu Room.

Community Connections—MyTime is a support group for parents of children with a disability, developmental delay or chronic illness. Parents/ carers get together each week. Further information can be found '[here](#)'.

Donna Falzon

Family Liaison Officer

KidsMatter

Influences that have been found to **increase** the likelihood of children developing mental health problems are known as '**risk factors**'. Other influences that **decrease** the likelihood of children developing mental health problems are known as '**protective factors**'. Protective factors can help a child, even when risk factors are also present.

Sometimes risk factors result from isolated events, such as the death of a family member. Often however, several risk factors are related to one another and can have a major impact and lead to mental health difficulties – eg. family conflict, family breakdown, moving home, financial stress. The more risk

factors a child experiences, the greater the likelihood of mental health problems occurring.

However, if children experience protective factors this can help shield them from the impact of those risks. Good social and emotional skills, an easy temperament, caring supportive relationships with parents and a strong sense of belonging at school are just some of the protective factors that can help a child cope with challenging life events.

The following link, [Mental Health Risk and Protective Factors](#), has more great, detailed information about what impacts upon mental health and what families can do to support children's positive mental health. It is well worth a read.

From Our Librarian

Our Library lessons are well under way.

Kindy have been identifying their personal details and the importance of not giving these to anyone. Mums and Dads usually supervise their online activity but we need to be aware that the internet is like the ocean. It is huge and we need to protect our personal details. We have also been learning about giving directions. It is important that we express each step clearly so that someone else can follow.

Year 1 and Year 2 have been using Colby Mouse to learn about coding. We have been coding different routes for Colby to travel and obtain the cheese!!!

Years 3-5 are exploring the different functions of Botley robot. We have been setting up different challenges and

coding Botley to complete these. It's very easy to pick Botley up when he does not follow the right path but we are learning that it is a mistake from which to learn and try again.

Year 6 have been exploring Sphero! These are tricky little robots shaped like a sphere. We have been learning to drive these and work through a series of tasks that help us explore their capabilities.

Since last week's newsletter....have you made any changes to screen time in your house? A good night's sleep improves children's ability to concentrate and maintain focussed learning the next day at school.

Watch this space for more about our learning in the Library this term!

Happy reading everyone
Miss Gray
Librarian

From Our Office

Family Registration forms for 2019 are going home today for every family. We kindly ask that you complete and return the form to school by 21st November 2018. Both parents must sign the form for it to be valid. The information on this form is used to apply sibling discounts.

Thank you
Julie, Jacqui & Leesa



Star Awards

Alfie O
Emeri B
Indigo L
Lucas C
Marli C
Olivia R
Zach M
Harry M
Marcella H
Tiernan B
Lily T
Eyli P
Savannah T
Adelle S
Cohan S
Ajay Y
Trinity T
Mia C
Isabella C
Jacob W
Keanu J
Marlee S
Ava E



Kirrilee 1Blue

Book Club

A friendly reminder that the last day for book club orders is tomorrow (Thursday 1st November).

Thank you
Kate Toweeel
Book Club Coordinator

Canteen News

Volunteers are always needed to keep the canteen running for our students. If you are able to lend a hand for just a couple of hours, once a month, please let the office know.



Canteen is **CLOSED** on Tuesdays.
No lunch orders.

Thank you
Donna Falzon

Kids Club OOSH Care

Before School Care:

6.30am—9.00am

After School Care:

3.00pm—6.00pm

Vacation Care:

7.00am—6.00pm

Permanent and casual places available.
CCR Approved

Enquiries call Tania Wilson
0417 416 678



From Our PE Teacher

Waratah Shield – St Mary's are Central Coast Winners for the second year in a row!!!!

Congratulations Seth, Keegan, Jack, Tom, Ryan, Josh, Nate, Harper, Connor, Ashton, Blake and Baxter!

Mr Whiteford was once again so impressed with your teamwork and positive attitude toward each other. Lots of kids in this team have never played competitive cricket but listened and worked with the more experienced players to be in the right place at the right time to take some amazing wickets and score 96 runs!



Victorious Cricket Team

CCC Touch Football

Permission notes have gone out for the Gala day next Thursday. Could we please have them back by Friday so buses and contact lists can be finalised.

Any parents that can manage a team we need you please!!!!

Liz Bain - Sports Coordinator

How to nurture a child's mental health



458 Main Road, Norville NSW 2263

Telephone: (02) 4396 5100
Fax: (02) 4396 5101

Email: smt@dbb.catholic.edu.au
Website: www.smtddb.catholic.edu.au