



# “Towards 2025”

## Upcoming Events

- *School Photos*  
Thursday  
23 July
- *Parent Teacher Meetings*  
Week 2  
Term 3
- *Feast of the Assumption*  
Saturday  
15 August
- *Athletics Carnival (to be confirmed)*  
Thursday  
20 August
- *Father's Day*  
Sunday  
6 September

## Please Note

Our **Uniform Shop** is open for orders via email or phone and will be sent home with your child.

Our **Canteen** has resumed being fully operational. The Canteen Volunteer Roster is available on our school's website. The Canteen is open every day except Tuesday.

Our **Term 3 Calendar** is available on our school's website and has been uploaded on Compass for you.

**All relevant school notes and letters are posted on our website. Please click on News and Events and then Letters, Notes, Timetables.**

Dear St Mary's Catholic School Community,  
Welcome to Term 3 at our school.

On the final day of Term 2 all diocesan schools shared the live stream of the launch of the “Towards 2025” vision for the Catholic Diocese of Broken Bay. The morning was led by Bishop Anthony and Interim-Director Mr Danny Casey. Their open and transparent approach coupled with a clear and concise direction gave much cause for a sense of hope and possibility. Embedded in the values of faith, joy, witness, compassion and courage, our vision is for “authentic, professional Catholic education, delivered with care and compassion.”

You will have received a copy of the diocesan vision accompanying today's newsletter.

## Parent Teacher Meetings

With the staggered nature of different allocated times for parents, next week we are able to invite you to join us to discuss your child's progress during the first half of the year. Please maintain appropriate social distancing with both our teachers and other parents.

## Upcoming (Possible) Events

In the normal course of Term 3, we would be welcoming you to celebrate with us a variety of liturgies and various events. Our early Term 3 Grandparents' Day has unfortunately needed to be cancelled. As the weeks roll by, we will keep you informed as to what we are able to invite you to. The size of our Church limits its capacity to 100 people at present. Our Athletics Carnival is in Week 5 and we are waiting to hear if spectators are allowed to join us.

## Afternoon Pick-Up Routine

A reminder that the afternoon pick-up now commences at 3.00pm and concludes at 3.30pm. The 30 minutes window includes all the usual pick-up options (Pandora Pde, walkers, drive-through, buses, bikes, after-school care).

As Term 2 progressed the means by which your child left in the afternoon evened itself

out. There was a great balance of drive-through, Pandora Pde, walkers, bikes, buses and after-school care. Thank you for the patience and understanding you have repeatedly shown. It helped make the process much easier.

## School Photos are Tomorrow

Tomorrow our annual School Photos occur. Thank you for ensuring your child is dressed in the correct winter uniform. Photo envelopes need to be returned with your child tomorrow.

## Court Orders

If you have Court Orders relating to the custody of your children, have you provided the most recent copy to our school?

## Girls' Summer Uniform

A reminder that for the start of 2021 all girls are required to wear the new summer school uniform. For further information, please call Mrs Leesa Sternbeck.

## Welcome Ms Todd and Ms Buckley

We warmly welcome Ms Jasmine Todd and Ms Ashleigh Buckley as they undertake their final teaching placements at our school. Ms Todd will be helping teach 3 Green (10 weeks) and Ms Buckley will be doing likewise in 3 Blue (5 weeks). We trust that you enjoy your time at our place as you enter this wonderful profession.

## SKIPS

Today our Year 6 students will be taking part in the SKIPS (Supporting Kids in Primary School) programme. It is a child centred mental health and wellbeing programme for our older children. They learn about both physical and mental health and the similarities and differences between them, the language used when discussing mental health and the impact mental illness can have. The programme is interactive for the children with activities, worksheets and lots of discussion.

Kind regards,

*K Williams*

Kevin Williams  
Principal

## From Our REC

### Parish Details

Ph. 8379 1730  
Email. toukleyparish@  
bbcatholic.org.au  
Office Hours: Monday,  
Wednesday & Friday  
9am-12pm.

### Merit Awards

Lillian M  
Archie G  
Poppy G  
Cruz W  
Eli F  
Jarl M  
Zane B  
Sophie C  
Phoebe N  
Lachlan B  
Stephanie M  
Jase B  
Aila K  
Thomas M  
Owen M  
Rosie W  
Tessa G  
Evie Z  
Liliana C  
Jasmine C  
Isabelle T  
Darcy M  
Sienna G  
Zoe D  
Zali M  
Hua Q  
Charlotte G  
Edward A  
Bailey N  
Florence M  
Bailey J  
Tyson S  
Harry B  
Oscar P  
Ella S  
Lyla P  
Jack B  
Shaylah H  
Ramone E  
Emily C  
Mikayla M

### Sacrament of Confirmation

For those children in Year 2 who were looking at preparing to make the Sacrament of Confirmation this year, please note that this has been postponed until they are in Year 3 next year. We will provide more information regarding this early next year.

### Celebrations this term

Usually this term we would be celebrating: Grandparents Day, The Assumption Mass and Father's Day. We would like to wish all of our Grandparents a happy Grandparents Day, as unfortunately we are not able to celebrate like we usually do. We will keep you informed of details regarding the Assumption Day Mass and Father's Day celebrations over the next few weeks.

Liz Hartge  
Religious Education Coordinator



## From Our Family Liaison Officer

Mental health is a factor in everyone's life and when we talk about it we refer to positive mental health as well as mental illness that can occur.

The importance of promoting mental health in childhood can't be underestimated. Good mental health helps your child develop socially, emotionally, mentally and physically. A strong, loving relationship with parents/ carers can have a direct and positive impact on children's mental health. Learning to manage their feelings and being able to cope with the ups and downs of life is vitally important for children's development and wellbeing.

The following links to articles from Raising Children Network provide information for parents and carers to promote positive mental health and wellbeing in children aged [3-8 years](#) and those aged [9-18 years](#).

This week I came across a very interesting article from education writer Linda Stade about TikTok and your child's brain. Many children (and adults) utilise this app but as parents are we fully aware of the impact it may be having on our children's developing brain, particularly younger children? For learning and achievement in school, sport and work in the future, children need to develop skills such as persistence, analysis, critical thinking, and focus. Besides the

type of content they may be exposed to, does the short 60 second bites they view on TikTok encourage a lack of extended concentration and focus? What patterns of thinking are being set up in their very malleable brains if children are left to view online content like this regularly and for extended periods? Tik Tok and other apps such as instagram, snapchat, etc, aren't intentionally harmful and can be a useful, fun and positive way for people to connect. However, they do have age restrictions for a reason and like all things for children, moderation and supervision is key. The more parents/ carers are aware of and understand the new and emerging technology our children are using, the better equipped we are to guide our children in responsible use of online platforms. You can access the article ["here"](#) and it is well worth a read.

Next week's parent/ teacher interviews are a valuable opportunity to connect with your child's teacher, gain a greater insight into their learning and strengthen the partnership between home and school that will positively support your child's academic, social and emotional learning. If you haven't already booked a time through Compass please do so today, or contact the school office if you would like help to book in.

Donna Falzon  
Family Liaison Officer



# A Spotlight on Wellbeing Week

Week 10 well-being week was a great week at St Mary's. We enjoyed mindful meditation activities, a community letter writing project, a daytime disco and finished it off with Beanie Day. What a great way to end Term 2!





## Canteen News

Canteen has now resumed normal operations. This week's soup of the day on Friday July 24 is Chicken Noodle and Vegetable.



The Term 3 Canteen Volunteer Roster is available on the school website if you need to check when you are next rostered on. If volunteers aren't able to make their rostered day could you please contact Janet or Donna as soon as possible.



## Reminder

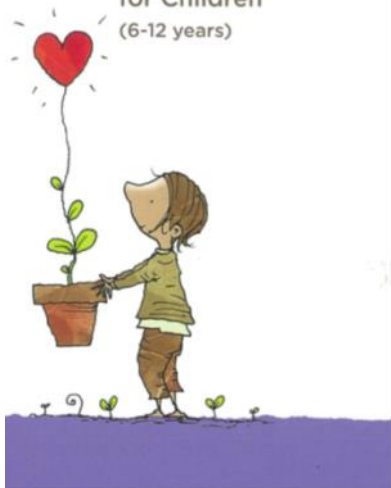
Canteen is CLOSED on Tuesdays.

Donna & Janet

## Star Awards

- Kyden B
- Lucas B
- Finley G
- Jackson Q
- Levi R
- Alex T
- Ruby R
- Cochella O
- Clive Z
- Grace B
- Zac W
- Ma'Niyah J
- Oscar L
- Noah T
- Zahra D
- Mayah H
- Evie M
- Indy K
- Myah L
- Tara T
- Lucy N
- Tiarna G

Change and loss are part of life, and grief is a normal response to these losses.



### Outcomes for children

*Seasons for Growth* provides the support and space for children to:

**learn** about how different people respond to change, loss and grief

**understand** that it is normal to experience a range of grief reactions

**explore** new approaches to dealing with change and loss in their lives

**build** communication, decision making and problem solving skills

**participate** in a support network of peers and adults

**integrate** their new learning into their relationships with family, friends and others

*Seasons for Growth* is an education program. It does not provide counselling or therapy.



*Seasons for Growth* will begin for students in Term 3. Please complete and return the letter that was sent home last Term if you are interested in your child participating. A copy can also be found on the school website.

Please feel free to contact me if you would like further information about the programme.

Donna Falzon  
Family Liaison Officer

458 Main Road, Norville NSW 2263

Telephone: (02) 4396 5100  
Fax: (02) 4396 5101

Email: [smt@dbb.catholic.edu.au](mailto:smt@dbb.catholic.edu.au)  
Website: [www.smtdbb.catholic.edu.au](http://www.smtdbb.catholic.edu.au)