



SCHOOL NEWSLETTER

Happy Father's Day

Term 3 Week 7
2 September 2020



Upcoming Events

- *Father's Day Liturgy*
Friday
4 September
- *Cyber Safety Week*
Week 8
7-11 September
- *Book Week Celebrations*
Book Parade,
Reading on the Oval, Teachers' Favourite Book
Thursday
17 September

Please Note

Our **Uniform Shop** is open for orders via email or phone and will be sent home with your child.

A reminder that **student banking** has recommenced. School banking day is Monday.

All relevant school notes and letters are posted on our website. Please click on Forms & Permission Notes on the front page.

Dear St Mary's Catholic School Community,

We wish all Dads, Grandads, Uncles and father-figures a wonderful Father's Day on Sunday. May your day be filled with laughter coupled with the smiles and love of those closest to you.

And may every witty comment you make, every joke that you crack and every idea that you share be matched with the hilarious belly laugh and compliments that you so richly deserve (even if it is them just being nice to you for the day).

The children and staff will share the Father's Day Liturgy on Friday, commencing at 9.30am. Led by Year 1, our liturgy will be live streamed via Zoom for any parents wishing to join us.

Enjoy a wonderful Father's Day surrounded by your loved ones.

Summer Uniform

The changeover date to our summer uniform is the first day of Term 4. If the weather becomes warmer and your child would like to wear their full summer uniform earlier, that's not a problem.

Announcement

With my part-time involvement at the Catholic Schools Office you are aware that Mrs Emma Sellars has been appointed as Co-Principal. Consequently, Mrs Liz Hartge will be our Acting Assistant Principal and Mrs Cath Kyle our Acting REC during this period. We congratulate both Liz and Cath on their appointments, knowing that their professionalism, dedication and wisdom will continue to drive improvement at our school.

Cyber Safety Week

Next week there will be a whole school focus on "Cyber Safety" for our students. Students in Years 3 - 6 will take part in a class webinar on Monday focusing on safety online. All classes will have a shared text, during their literacy sessions. Later in the week all students will be going over our Internet and Technology User Agreement. These will be sent home on Thursday or

Friday for you to go over and sign with your children. It is important that students understand the importance of being safe online and to use equipment and the internet carefully. These need to be returned by Monday 14th September. Students will not be allowed to use the internet, iPad or laptop computers at school until the user agreement is returned and signed.

Book Week Celebrations

On Thursday 17th September (Week 9) we celebrate Book Week with our traditional set of activities. The children are involved in our annual *Book Week Parade* which will be staggered across the morning sessions. Our *Reading on the Oval* occurs before lunch with our Year 6 leading the way. After lunch our *teachers share their favourite books* with the kids.

The theme of Book Week 2020 is "*Curious Creatures, Wild Minds.*"

Congratulations

We congratulate the finalists in the St Mary's Public Speaking Competition. The standard and execution of speeches proved outstanding with the adjudicators having an incredibly difficult task. Well done Shaylah, Annabel, Cooper, Mia, Lucy, Liberty, Trinity, Zara and Ramone. Special congratulations to the following placegetters:

1st Ramone E; **2nd** Zara H; **3rd** Cooper O.

Kind regards,

K Williams

Kevin Williams
Principal

ESellars

Emma Sellars
Principal



Parish Details

Ph. 8379 1730
Email. toukleyparish@bbcatholic.org.au
Office Hours. Monday, Wednesday & Friday
9am - 12pm

Merit Awards

Abigail H
Benny E
Ivy C
Penelope R
Millie J
Darcy P
Harrison L
Ruby P
Sasha R
Jazz B
Ashley L
Josi C
Evalata M
Michael A
Isaac A
Beau B
Addison W
Jay K
Byron H
Lillian D
Liam G
Lily D B
Elise C
Ma'Niyah J
Sophie B
Thomas B
Emily T
Joey T
Ella S
Cahill L
Dakota L
Samuel W
Vasiliki P
Max C
Abby L
Zac H

"Be gentle with people today. You don't know someone's inside struggles. Instead of being the last straw, you can be their first sign of hope."
Anonymous

From Our REC

First Eucharist

A reminder to parents and carers: The First Eucharist preparation has commenced. Please contact the parish office on 8379 1730 for further information. The Sacrament will be celebrated here at St Mary's over the weekend of the 13th and 20th September.

Father's Day Facebook Photos

Thank you to the many families that have sent in photos of their child/children with their father/grandfather/pop/father figure etc. These photos will be displayed on our school's Facebook page to celebrate all the wonderful male figures in our lives. It's not too late, please email the photos to liz.hartge@dbb.catholic.edu.au by 9am tomorrow, so that the presentation can be finalised.

From Our Family Liaison Officer

SEL

"Positive social-emotional learning happens for your child when two vital elements come together:

- 1. They have real emotional experiences.*
- 2. They see the way you positively respond to and manage those experiences.*

This is the magic space where social-emotional learning happens for children... and parents"

This is a quote from a great article by Education writer Linda Stade titled "[Par-enting through your child's friendship issues](#)". It can be quite difficult for parents and carers to refrain from getting caught up in the emotions that come with your child experiencing challenges with friendships. We don't like to see them upset or feeling lonely, but as hard as it may seem, they need these experiences to be able to learn to deal with them. They also need their parents/ carers to be the calm coach who can listen to them express their feelings then guide them to find ways to respond.

Children note how the adults around them react when they share their feelings with them. *"When you react from your discomfort and race to fix things for your child, it makes YOU feel better. It doesn't make anything better for your child; no learning takes place and no skills are*

Father's Day Liturgy

With the COVID-19 pandemic our traditional Father's Day Mass is not able to be celebrated this year. We are very sorry that our Dads cannot join us. A Father's Day Liturgy will be held this Friday 4th September in our school grounds with the children and staff in attendance. The Year 1 children will be leading the liturgy and this will be zoomed live at 9.30am Friday 4th September. The zoom link will be sent via Compass on Thursday 3rd September.

Liz Hartge

Religious Education Coordinator

School children enrolled for the First Eucharist are encouraged to attend weekend Masses prior to the Celebration of the First Eucharist. During these Masses you will be introduced to the parishioners. The parishioners will continue to pray for you whilst you prepare to make the Sacrament of First Eucharist. Please come to Mass and receive this uplifting grace.

Thank you.

from Lina, Sacramental Coordinator

practised."

"It is interesting that when a child is having friendship problems, parents will usually say, "Josie/Joe is having friendship problems at school." In reality, what is often happening is Joe or Josie just hasn't developed all of their friendship skills yet, neither have the children around them."

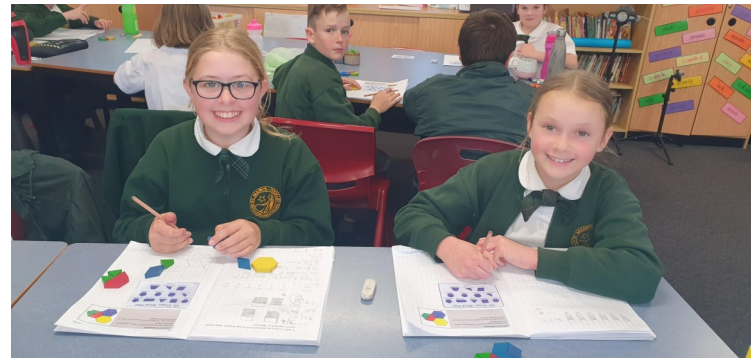
It's important to remember that our primary school aged children are still learning these skills. There are many thoughtful ways that parents/ carers can approach their child's friendship dilemmas which can really enhance their child's relationship skills. The article has some great practical suggestions for parents/ carers to help children navigate their friendships. It is well worth a read.

Next Thursday, Sept 10 is R U OK? Day. More details are on the back page of the newsletter with links to resources to help support these important conversations. It has been a challenging year for everyone and we've all had our fair share of tough days, but please remember that it is important to seek out the supportive family and friends around you when times are tough, as well as look out for others.

Donna Falzon

Family Liaison Officer

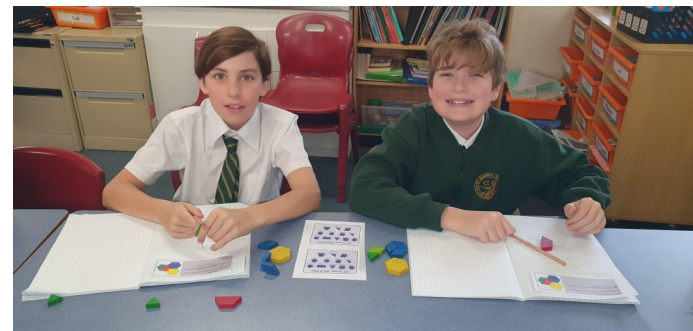
A Spotlight on Year 5



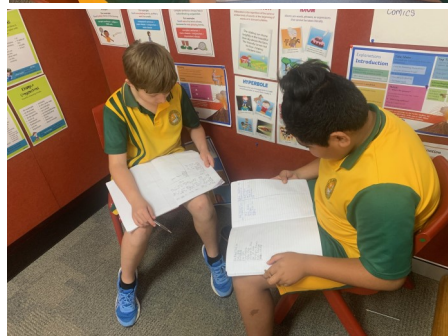
Year 5 having been working with fractions in maths.



Year 5 have started a new religion unit focussing on the sacraments of service.



Year 5 working on stop motion animation and then their PDH unit survivor.



Canteen News

This week's soup of the day on Friday 4th September is Chicken and Sweet Corn.



Due to changing work or family commitments a few volunteers are no longer able to help out in the Canteen. If you have a spare couple of hours, just once a month, and are able to support students by volunteering in the canteen, please contact the office.

Reminder

The school canteen is **CLOSED** on Tuesdays.

Donna & Janet

Star Awards

Lola C
Baylen M
Malaki B
Jase B
Vincent B
Willow C
Lawson O
Tessa G
Charlie B
Oliver G
Tayla M
Matthew P C
Linsey A
Will S
Tiarna G

From Our PE Teacher

2020 St Mary's Athletics Funday

What a 'SUPER FUN DAY'. Everyone had an absolute ball running, hurdling, throwing, hitting, dancing and playing. Congratulations Team Green on winning the day!!!! It has been a while coming for the Green team who for many years have been desperately trying to get their name on the trophy.

Our afternoon relays were a heap of fun with the combined teacher and Yr 6 student house colour relay a standout exhibition of talent from our teachers and fastest Yr 6's. Thankyou to all teachers and students for your great sportsmanship and sense of fun all day.

Kindergarten Tennis Racquets

Kindergarten students at St Mary's will be given brand new racquets this week thanks to **ANZ** and **Tennis Australia's** initiative to get kids moving.

The **ANZ Tennis Racquet Roadshow** campaign will deliver racquets to thirty-thousand kindergarten students at more than 800 schools across Australia.

This initiative to introduce more kids to tennis comes as reports continued to be released about declining levels of activity in children. These racquets will help get kids moving at school, home and in the community.

"There are so many skills that kids can develop at a young age by playing tennis, regardless of whether that's on the court, in their backyard or even in their lounge room" said Australian tennis legend **Todd Woodbridge**.

Rugby Union Development Program

Central Coast Junior Rugby Union are proposing to run a development program for 8 – 16yr olds with or without rugby experience over the Christmas break.

It is aimed at upskilling rugby players.

To register interest please apply via the following link:

<https://forms.gle/pq2Tg67QmBxL8nck6>

Liz Bain

Sports Coordinator



The second Thursday of September is R U OK? Day – a day dedicated to inspiring and empowering everyone to meaningfully connect with people around them by asking the simple question "Are you OK?" Now could be a great time to ask your child, young or old, as well as the adults we live or work with "Are you OK?" and to support them in the event that they are struggling. You can find great information and resources about how to have an "Are you OK?" conversation ["here"](#).

If you have a high school aged child however, you are already aware that having a meaningful conversation with a teenager can be tricky. This can also be true for some of our older Year 5 and 6 children. That's why ReachOut Australia has created resources to help parents help their young people. Find out how you can effectively communicate with your child ["here"](#) and some practical things to try to engage your teenager in a meaningful conversation ["here"](#).

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