



SCHOOL NEWSLETTER

Term 2 Week 10
23 June 2021

Towards 2025

Upcoming Events

- Last Day of Term 2
Thursday
24 June
- Staff Development Day
Friday
25 June
- First Day of Term 3
Monday
12 July
- NAIDOC Week
12-16 July
- NAIDOC Liturgy
1.50pm
Tuesday
13 July
- Grandparents' Day Liturgy, Open Classrooms and Morning Tea
Friday
30 July

Dear St Mary's Catholic School Community,

Our Staff Development Day is on Friday. All 45 schools in our diocese join together virtually as both Bishop Anthony and Mr Danny Casey present Catholic Schools Broken Bay's (CSBB) *Towards 2025* strategy. Reflecting Bishop Anthony's vision of providing authentic, professional Catholic education delivered with care and compassion, "the strategy places our students at the heart of everything we will do and supports consistent student achievement, their journey in faith and a bringing together of our schools and parishes to work as one." (Casey 2021)

Much has changed in our diocese. Much of that change has brought greater clarity and a sharper focus on what's important in our schools. And it all centres on the kids. It's a fun time to be part of CSBB.

Thank You

Last week we held hundreds of Parent-Teacher meetings across our 20 classrooms. I'd like to thank both our teachers and our parents. Our teachers were prepared and professional. When my 3 children were at school, walking out of a Parent-Teacher meeting thinking, "That teacher really *knows* my child" said to me that they were interested in and wanted the best for them. I'm quietly confident that your meeting last week would have given you a similar impression.

In talking with teachers the clear message I heard was that they were genuinely appreciative of your support, honesty and open communication. The kids in our school are fantastic and they come from good families. We enjoy working with you in helping guide their growth.

NAIDOC Week

A variety of activities have been organised for the children as we celebrate NAIDOC Week in Week 1 of Term 3 with this year's theme, "Heal Country". You're welcome to join us for our liturgy commencing at 1.50pm on Tuesday 13th July. A guest speaker will be addressing the children and we ask all students to wear their sports uniform

with the designated colour T-shirt for their grade (Kinder + Year 6: yellow; Years 2, 3 + Aspect: black; Years 1, 4 + 5: red). PE lessons throughout this week will involve traditional aboriginal games. Also our music lessons will be centred around aboriginal music.

Grandparents' Day Celebrations

On Friday 30th July we invite all grandparents to join us. We commence our morning with a liturgy at 9.30am. Following our liturgy, all grandparents are welcome to visit their grandchildren's class(es). A lovely morning tea will then be offered to our visitors.

Cheese and Chat Evening

Our school community's PIP Team are hosting a 'Cheese and Chat Evening' on Wednesday, July 21st beginning at 6pm. This will be hosted in our school library followed by a more formal meeting beginning at 7pm. All parents and carers are welcome to come, mingle and relax together as a community. The PIP meeting invites any parents or carers who would like to attend with the agenda focusing on ideas for further community engagement. We would love to see as many of our wonderful parents and carers as possible.

Staff Development Day

Friday 25th June is a Staff Development Day. All staff in our diocese (CSBB) will gather virtually to discuss the *Towards 2025* Strategy.

Enjoy the Winter Break

We trust that your family enjoys the winter break free from routines and deadlines. The first day back for Term 3 is Monday 12th July.

Kind regards,

K. Williams

Kevin Williams
Principal

Parish Details

Ph. 4396 4455
Email. toukleyparish@bbcatholic.org.au
Office Hours. Monday-Friday
9.00am-2.00pm



HEAL COUNTRY!
4-11 JULY 2021

Merit Awards

Remi C
Sage C
Roy C
Kamryn M
Elise I
Abigail H
Eva W
Braith D
Ivy S
Hailey G
Emily A
Sophie C
Marley B
Holly LT
Archer H
Rhys M
Filippo C
Amelia C
Coco O C
Connor D
Isabella C
Beau T
Indiana M
Liliana C
Ma'Niyah J
Louis G
Matilda S
Lukas F
Polly T
Summer M
Sienna G
Willow F
Bailey N
Luca K
Benjamin R
Bailey F
Silongo K
Linsey A
Liam S
Owen W
Vasiliki P
Malaya M
Joey T

From Our REC

Congratulations

Congratulations to Mya Forrester-Tsindikzo who was baptised into our Catholic Faith over the weekend. May she continue to grow in faith supported by our Catholic community.

Parish Feast Day

On Sunday 27th June our Parish celebrates its Feast Day, Our Lady of Perpetual Succour. In collaboration with the Parish, we will be celebrating with mass at 9am and would like as many families to join us as possible. Our choir will be singing and our Parliament will be involved in some of the parts of the mass. We would love to see as many St Mary's families as possible. If your child would like to be involved please contact me, catherine.kyle@dbb.catholic.edu.au.

Winter Appeal

Thank you to all our families who donated to our Winter Appeal. We have now given them to St Vincent De Paul and they will distribute them to those in need.

Year 3 Sacred Space

This Thursday at 1.50pm Year 3 will share their learning with our school community. If you would like to join us

From Our Family Liaison Officer

With school holidays almost upon us it can be useful to have a plan for activities for home and in the community over the next two weeks. Toukley Neighbourhood Centre are again holding their Art and Craft workshops for kids—you can contact them on 4396 1555 for all the details. Our local libraries also have a number of free or low cost events for the kids, both in person and online. You can check out the programmes here - "[What's On](#)". The Cancer Council have a "[Healthy Holiday Guide](#)" with lots of great ideas to keep the kids entertained with healthy snacks and activities that don't require devices.

Anxiety is a topic that comes up a lot in conversations with parents. Anxiety is a reaction to one of two things. Sometimes it is a reaction to a real threat, where we need to be kept safe and this is anxiety doing its job. Most often though, it isn't a reaction to a real threat, but a reaction to something important that means something to us and

you are more than welcome. We will organise a zoom meeting for those who can not attend.

NAIDOC Week

Our school will be celebrating NAIDOC Week in Week 1 of Term 3. This year the theme is "Heal Country!" There will be activities throughout the week in class and at lunchtime. Our liturgy will be held at 1.50pm on Tuesday 13th July. Parents are more than welcome to join us. In addition to this, a guest speaker will be working with the students on Tuesday 13th July. On this day we ask that all students wear their sports shorts or school tracksuit pants and a coloured t-shirt or jumper depending on their grade.
Yellow - Kinder and Year 6
Black - Years 2, 3 and Aspect
Red - Years 1, 4 and 5
On Tuesday we will take an aerial picture of the students in the shape of the Aboriginal Flag.

Grandparents Liturgy - Term 3

Just a reminder that in Term 3 we will be celebrating our grandparents. If you see them over the holidays please remind them this is coming up. It is a great opportunity to not only celebrate our grandparents but allows them the opportunity to see what their grandchildren are doing in the classroom.

Cath Kyle
Acting Religious Education Coordinator

triggered worrying thoughts and feelings, eg. having to speak in front of the class, separating from mum or dad to go to school, friendship issues.

As parents, our own fight or flight response can be triggered when our children are distressed or anxious. When it is a real threat that's OK, because it's our job to keep them safe. However, witnessing and feeling our children's distress can initiate our own anxiety and may cause us to jump in and "protect them" from things that may cause them discomfort but aren't a real threat and would actually be good for them. This can then keep children's anxiety levels elevated and doesn't give them the chance to face their fears and overcome them. When we are aware of how we are feeling we can harness our capacity for calm and courage and show our children how to overcome their anxiety. Psychologist Dr Karen Young has some great ideas in her online article "[here](#)".

Donna Falzon
Family Liaison Officer

A Spotlight on Canberra



Canteen News

Online ordering for lunch orders is now available via the Qkr! app. Please see the Qkr! Guide on the school website under Letters, Notes & Timetables or use the link ["here"](#).

REMINDER

Canteen is CLOSED on Tuesdays.

Donna & Janet

Star Awards

Ara W
Parker L
Katy-Leigh P
Jonah M
Ebony B
Sophie C
Jaxon C
Jack L
Tahlia T
Clive Z
Milla A
Vanessa M
Zoe D
Joshua Y
Thomas B
Harry M
Zack M
Lily T

Year 6 Canberra Trip

On the 9th of June, Year 6 went to Canberra for their excursion. It took six long hours on the bus before we finally got there. Our first activity was going to the National Electoral Education Centre where we learnt about voting in Australia. After that, we went to the Old Parliament House and got a tour of the old House of Representatives. Our final activity of day one was going to the AIS where we all got to try out the interactive exhibits. Then, we went back to the accommodation. On the second day we went to Geoscience Australia where we learnt all about geology. We even got to touch the moon! After that, we went to the Australian War Memorial and saw what life was like in the war. Then, we had a tour of the embassies. Next, we went to the place we had all been waiting for... Questacon! We went into earthquake labs and witnessed a real bolt of lightning! We learned a lot about science while we were there. After that, we went to the National Capital Exhibition and learnt all about Canberra's history. Soon, we went back to the accommodation. After dinner we went up Telstra Tower and got an incredible view of the city. Then, we went back to the motel. On the third day, we went to Parliament House and were given a spectacular tour. We saw The Senate, The House of Representatives, famous paintings, and other exhibitions. Sadly, after that we had to go back home. We were all really tired, but we had an amazing time! Thank You so much to our bus drivers, Wayne and Matt, to the parent helpers Mrs MacMahon, Mr McKay and Mrs Gillis-Sinclair and to the teachers. We couldn't have had such a wonderful excursion without you.

By
Linsey A 6Gold

Students from our school recently went on an education tour of the National Capital. Students were given the opportunity to participate in a variety of educational programs with a focus on Australia's history, culture, heritage and democracy. The Australian Government recognises the importance of all young Australians being able to visit the National Capital as part of their civics and citizenship education. To assist families in meeting the cost of the excursion the Australian Government is contributing funding of \$30.00 per student under the Parliament and Civics Education Rebate program towards those costs. The rebate is paid directly to the school upon completion of the excursion.



Nutrition Snippet

Healthy Holidays Guide.

Looking for fun activities for the kids these school holidays?



Check out our free [Healthy Holidays Guide](#) that includes lots of ideas to get cooking, get crafty and get moving!

For more information visit healthylunchbox.com.au

healthylunchbox.com.au



Guitar Lessons

Are you interested in learning to play the guitar? A St Mary's parishioner is offering low-cost guitar group lessons, every Tuesday 3.30pm from 13th July in the St Mary's Parish Centre. A donation of \$10 to the Church is suggested (but not mandatory). Available to students from Yr 6—12. BYO guitar. If you are interested please contact the Parish office on 4396 4455 to book your spot.

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