



## Grandparents

Dear St Mary's Catholic School Community,

It's a wonderful week for our school to be able to celebrate the warmth, support and love that our children receive from their Grandparents. Please join us on Friday for our celebrations.

### Grandparent's Day

We are looking forward to Grandparent's Day on Friday on 12.30pm. We encourage all adults to wear a mask when here at school. Please see the separate notification today for all details about the day.

### Father's Day Stall and Breakfast

It will be time to celebrate Father's Day very soon. As usual, we will celebrate with a stall (1/9/22), school liturgy and breakfast (2/9/22). It is time to place your orders. Both must be done in advance and must be done via the Qkr! App.

**Father's Day Stall:** please sign into QKR! and **under each individual child's name**, choose the number of \$5 gifts they will buy and pay the total amount.

**Father's Day Breakfast:** Orders are also done through QKR! but are free, no money is due. **Order for all attendees under just ONE child's name.** Please ensure you also include the approximate time of arrival.

### Parent Helpers

If you are available to help at any upcoming event please let us know! You can sign up for events by following the links on the following pages.

### Parent Spelling Workshop

This morning we had a great group of parents attend our Spelling Workshop. Lots of wonderful strategies for home were shared, and examples of what Spelling looks like in the classroom.

### Public Speaking

Yesterday we listened to our ten Year 6 Public Speaking finalists deliver outstanding speeches on a range of thought-provoking topics. Congratulations to Ellie, Havi, Mayah, Summer, Hua Qiang, Connor, Addy, Charlotte, Nikita, Sumira on your great speeches. The two students who will go forward to represent our school in the Central Coast finals will be announced this week.

### Confirmation Classes

Confirmation Classes begin soon, with the information session this week. Please contact the Parish for more information.

### Book Week

Week 7 is Book Week. A range of exciting activities will be held, including the Book Stall (in the library each morning and afternoon during Week 7) and our Book Week Parade. More information will be in next week's newsletter. Have you organised your Book Week Costume yet?

### Year 6 Graduation Meeting

The next Year 6 graduation meeting is this afternoon at 3.30pm. Please come to the school office. All Year 6 parents are welcome to attend.

### CCC Athletics

Congratulations to all of the children who competed in the CCC Athletics last Friday. You tried your best and were great representatives for our school. Our school placed 5th overall for the day.

### Sibling School Photos

Sibling photos and make-up individual photos of absent students will be next Tuesday 16th August. All children who will be getting their photo taken must be in full winter uniform (no sports uniform).

### Assumption Mass

Please join us for our Assumption Mass on Monday 15th. This will be held in the church at 11.30am.

### Going on a Holiday

Now that we can finally start to travel again, here is a reminder about an important step in your planning. Of course, we always encourage families to only take holiday's during the school breaks. For times when this isn't possible, it is actually a requirement that you apply for leave with the school. There is a form that must be completed and then we issue you with the approval. This must be arranged in the weeks leading up to your trip.

### Assemblies

Please join us for our assemblies this term, Thursday at 1.50pm. Year 5: 18th August, Year 2: 25th August, Year 6: 1st September, Year 1: 8th September and Kinder: 22nd September.

Kind regards,

Emma Sellars  
Principal

### Parish Details

Ph. 4396 4455  
Email. toukleyparish@  
bbcatholic.org.au  
Office Hours. Monday-Friday  
9.00am-2.00pm

### Merit Awards

Cruz C  
Briella F  
Samuel L M  
Ivy J  
Walter D  
Carlos H  
Caylon A  
Aila K  
Jay K  
Byron H  
Nikkita C  
Emmanuelle D

### Star Awards

Bentley G  
Ara W  
Isla M  
Frankie G  
Sunie T



## From Our REC

### Grandparent's Liturgy

On Friday we will celebrate our Grandparents and the amazing role they play in our children's lives. Our liturgy will begin at 1.30pm in the church followed by open classrooms till 3pm. We look forward to seeing them and sharing the learning of our students.

### Assumption Mass

On Monday, 15th August Year 5 will lead the school for our Assumption Mass. Mass will begin at 11.30am in the church. We would love you to join us for this special celebration.

### Confirmation Enrolment

If your child is in Year 3 or older and has been baptised, Confirmation is the next sacrament in your child's sacramental journey. Tomorrow, Thursday 11th August our Parish will hold a Confirmation enrolment and information session at 3.30pm or 7.30pm. It is important for parents to attend this session as there are a couple of changes to the program. If you have any questions please contact the Parish Office, 02 4396 4455. The Confirmation ceremony will take place next term on Saturday 15th October at 2pm.



## From Our Family Liaison Officer

Mental health is a factor in everyone's life and when we talk about it we refer to positive mental health as well as mental illness that can occur.

The importance of promoting positive mental health in childhood can't be underestimated. Good mental health helps your child develop socially, emotionally, mentally and physically. A strong, loving relationship with parents/ carers can have a direct and positive impact on children's mental health. For children, learning to recognise and manage their feelings and develop resilience to cope with the inevitable ups and downs of life is vitally important for their wellbeing.

The following links to articles from Raising Children Network provide information for parents and carers to promote positive

### Mufti and Beanie Day

Thank you to all our families who contributed to Bishop Anthony's initiative to support Mary Mac's at Woy Woy. Our students look wonderful in their beanies and I am sure it kept them warm. Our school raised \$657.05. A fantastic amount which will make a huge difference to many people who rely on the volunteers at Mary Macs.

Cath Kyle  
Religious Education Coordinator

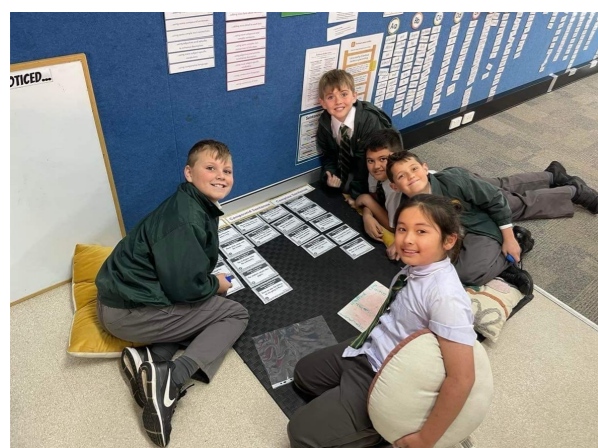


mental health and wellbeing in **children aged 3-8 years** and those aged **9-18 years**. Beyond Blue also have some great information for parents of **children 5-12 Years**.

A reminder that Friday is our Grandparent's Day celebration at St Mary's. We are lucky to be able to welcome grandparents back in to join in this special recognition of the important role they play in their grandchildren's lives. We see many grandparents here regularly supporting their families with practical help and luckily we get to know many of them well over the years. We welcome all grandparents to join us.

Donna Falzon  
Family Liaison Officer  
donna.falzon@dbb.catholic.edu.au

## A Spotlight on Year 4



## From our PE Teacher

### Canteen News

Lunch orders are via the Qkr! app. Cut off time for orders is 9am. You can order up to 2 weeks in advance.

Gluten Free chicken tenders are unavailable until further notice.

Just a reminder lunch orders will not be available on Friday 12th August.

Thank you  
Donna & Lauren

Seth Thomas - Huge Congratulations!!

Seth travelled to Rockhampton to train and compete in a 4 day QLD State Titles event last week. Seth is now a QLD State Champion winning the championship on his 65cc.

He now holds NSW and QLD State Championship titles this year.

Seth has been selected to represent Australia at the Junior World Championships in Finland on the 26th -28th August.

It is the biggest Junior race in the world and Seth is the youngest in the group.

A total of 6 kids from different age groups are selected from each country.

### CCC Athletics Carnival - Mingara

Congratulations to our wonderful team of athletes who competed against the best from Central Coast Catholic Schools in both track and field events.

Everyone gave their best to bring our school to 5th place overall.

The following students have made the Broken Bay Athletics Carnival at Narrabeen

Flynn B: 100m, Ellie B: 800m, 1500m, Discus, Halle B: Discus, Koby D: High Jump, Emmanuelle D: 100m, 200m, Archer G: 100m, Arlie M: 100m, John M: Long Jump, Bailey N: 800m, 1500m, Mia S: High Jump, Archie W: 100m, Addison W: 800m, Jnr boys relay: Abel, Archer, Sonny, John.

### CCC Soccer Gala Yr5/6 - Friday August 19th

A reminder notification has been sent home to all Year 5 / 6.

Please note change of venue to Tuggerah Lakes Sporting Precinct.

We assume all details are the same as last term unless parents contact the office.

### CCC Soccer / Netball Gala Yr 3/4 - Friday August 26th

Baker Park, Wyong - All Year 3 and 4 attending.

Compass note will come home this week.

Liz Bain  
Sports Coordinator

## Grandparent's Day Helpers Needed

Our PIP Team are asking for 'just one thing'...

Please help us shower our wonderful, supportive Grandparents with love by serving them with a delicious afternoon tea. This will be provided in the afternoon (from 1.50pm) following the Grandparent's Day Liturgy at 1:30pm on August 12th. We are asking for any available parents/carers to help set up and pack away this afternoon tea. Helpers will be required from 12:30-3pm. Please use the 'sign up' link to register your availability to help with this task (<https://signup.com/go/dHhZArS>).

The PIP Team - thank you for your ongoing support.



### Father's Day Breakfast and Stall.

The Fathers Day Breakfast and Stall will be open for ordering on the Qkr! app (the same that we use for lunch orders), as we did for Mother's Day.

**Father's Day Stall:** please sign into QKR! and **for each child individually**, choose the number of \$5 gifts and pay the total amount.

**Father's Day Breakfast:** Orders are also done through QKR! but are **free**, no money is due. **Order for all attendees under just ONE child's name.** Please ensure you also include the approximate time of arrival.

458 Main Road, Norville NSW 2263

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